

Fall Protection

It's more than "Tying Off"

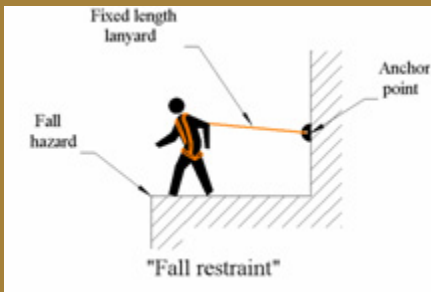
**British Columbia
Municipal Safety
Association**

www.bcmsa.ca

... Plan to Protect!

Fall Restraint System

...prevents a worker from falling



Floor/Roof
Openings

Make sure covers
for floor openings
are nailed or other-
wise secured and
well marked



Guardrails/Handrails

Securely cover or erect
guardrails around floor
and roof openings through
which a worker could fall



Fall Arrest System

...stops a worker's fall before the worker hits the surface below

Travel Restrictions
The fall restraint system
prevents the worker
from falling off the edge

- 1 Guardrails or equivalent
- 2 Another fall restraint system
- 3 Fall arrest system
- 4 Work Procedures:
Control zones - with or without a safety monitor.
Other work procedures acceptable to the WCB.

**Fall
Protection
Hierarchy
OHS Reg.
Section
11.2**



Fall Protection Plan Contents

- The fall hazards present on site
- Type of fall protection system to be used
- Assembly/disassembly procedures
- Rescue procedures

The Plan:

- May need to be in writing and available at the workplace
- Must be communicated to workers