

As we approach winter weather, here are a few tips to keep yourself and your family safe!

PLANNING A TRIP?

A few moments planning ahead could save you many problems during your trip.

EMERGENCY CAR KIT FOR WINTER

Our May calendar talked about having an emergency kit for your home – do you have one for your car? Is it ready for winter?



- Food that won't spoil, such as energy bars
- Water – plastic bottles that won't break if the water freezes (replace every 6 months)
- Blanket
- Extra clothing, including warm boots, mitts, etc.
- First aid kit with seatbelt cutter
- Small shovel, scraper and snowbrush
- Candle in a deep can with matches
- Wind-up flashlight
- Whistle – in case you need to attract attention
- Copy of your home emergency plan

WINTER SAFETY DRIVING TIPS

1. Check the current road conditions and weather forecast. Listen to the radio, watch TV and visit DriveBC.ca. Ask yourself: Is it safe to go?
2. Plan your route ahead of time. Avoid any roads that may become dangerous during bad weather. Respect road closure signs and barriers and do not attempt to drive on these routes until they are re-opened.
3. Leave lots of time so you're not rushing. Try to travel during daylight and consider delaying your trip if the weather is bad. Let someone know your route and planned arrival time.
4. Learn winter road driving skills. Through training and practice, learn how to brake safely, how to get out of a skid, and how your car handles in winter weather.
5. Get snow tires!
6. Check BC Weather warnings from Environment Canada



WINTER BACKCOUNTRY SURVIVAL TIPS

Planning to get out of your vehicle and play in the snow?

- Ensure everyone going into mountainous terrain in winter has essential avalanche safety gear – transceiver, probe and shovel – and that everyone knows how to use it.
- Ensure everyone has at least basic training in recognizing avalanche terrain and moving safely in that environment.
- Ensure everyone travelling in the backcountry checks weather and avalanche bulletins before heading out, then choose appropriate terrain for the conditions of the day.
- Leave an itinerary with someone.



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