

## Job Demands Analysis: Pick up Litter in Parks (Light Duty)

**Company Name:** City of Richmond – Litter Department

**Job Title:** Pick up Litter in Parks (Light Duty)

**General Work Environment:**

- Outdoor (temperature is dependent on weather)
- Driving a city vehicle
- Required to wear steel toed boots, safety vest/overalls

**Work Hours/Breaks:** 9:30am-6:00pm – Wed-Sun, (2) X 10 minute rest breaks, (1) X 30 minute lunch break

**Tools used may include:** Reacher and bucket



1. Reacher and bucket.

**Job Task Categories:**

- 1) Pick up litter in park areas using a reacher and bucket.
- 2) Driving a city vehicle – through out the City of Richmond to appropriate destination.

**Functional Requirements:**

GENERAL FUNCTIONS:	AMOUNT:	% OF WORKDAY	DESCRIPTION/COMMENTS
Walking	Variable distances	33-66%	▪ Walking within park areas, over various surfaces outside: gravel, concrete, grass
Standing	Sustained	1-33%	▪ Static standing when picking up garbage
Climbing		1-33%	▪ Climbing in/out of vehicle
Sitting/Driving	Variable, Up to 10 minutes continuously	1-33%	▪ Operation of vehicle (typically automatic) – within the City of Richmond
Kneeling / Crouching / Stooping	N/A	N/A	▪ Use reacher to access garbage from the ground
Neck positioning	Flexion, rotation	33-66%	▪ When viewing work spaces on the ground ▪ Driving vehicle
Reaching	Within Arms Reach	33-66%	▪ May vary depending on work style, use reacher to assist with picking up garbage ▪ Overhead reaching is not required
MATERIALS HANDLING:	AMOUNT:	% OF WORKDAY	DESCRIPTION/COMMENTS
Handling / Grasping		33-66%	▪ Handle of reacher and bucket
Lifting/Carrying	Light	33-66%	▪ Light items handled up to 10 lbs (i.e. bucket)
Pushing / pulling	N/A	N/A	▪ N/A

*\*Consider for upper and lower extremity injuries, back injuries. With the opportunity to self-pace and take rest breaks when needed.*