

**Company Name:** City of Richmond – Facilities Department **Job Title:** Check Exit Lights, Fire Plans, Extinguisher Inventory (Light Duty)

## **General Work Environment:**

- Indoor, various city buildings
- Driving a city vehicle to desired location
- Required to wear steel toed boots, safety vest/overalls

Work Hours/Breaks: 7:30am-4:00pm, (2) X 10 minute rest breaks, (1) X 30 minute lunch break

Tools used may include: clipboard and pen/marker, computer workstation to input data, telephone or radio

## Job Task Categories:

- 1) Driving a city vehicle through out the City of Richmond to appropriate destination.
- 2) Walking throughout a building to inspect exit lights, fire plans, # of fire extinguishers, check asbestos tags.
- 3) Record findings and follow up with appropriate resources if needed.

Functional Requirements:			
GENERAL FUNCTIONS:	AMOUNT:	% OF WORKDAY	DESCRIPTION/COMMENTS
Walking	Variable distances	33-66%	<ul> <li>To/from vehicle to worksite</li> <li>Walking throughout a building during inspection – can be self-paced</li> </ul>
Standing	Sustained	1-33%	<ul> <li>When viewing and recording equipment – can be self-paced</li> </ul>
Climbing		1-33%	<ul><li>Climbing in/out of vehicle</li><li>Climbing stairs within the building</li></ul>
Sitting/Driving	Variable, Up to 10 minutes continuously	1-33%	<ul> <li>Operation of vehicle (typically automatic) – within the City of Richmond</li> </ul>
Kneeling / Crouching / Stooping	Variable	1-33%	• May vary depending on work style, as needed when accessing workspaces (i.e. locating equipment)
Neck positioning	Flexion, rotation	33-66%	<ul> <li>When viewing work spaces</li> <li>When driving (rotation) – i.e. shoulder checking</li> </ul>
Reaching	Within Arms Reach	1-33%	<ul> <li>May vary depending on work style and may be repetitive or sustained (i.e. operating steering wheel)</li> <li>Overhead reaching is not required</li> </ul>
MATERIALS HANDLING:	AMOUNT:	% OF WORKDAY	DESCRIPTION/COMMENTS
Handling / Grasping		33-66%	<ul> <li>1-2 handed grasp of steering wheel, up to 10 minutes continuously</li> <li>1-2 handed grasp of tools/equipment (i.e. pen)</li> </ul>
Lifting/Carrying	N/A	N/A	<ul> <li>Items handled may include clipboard and pen</li> </ul>
Pushing / pulling	N/A	N/A	• N/A

\* Consider for upper extremity injuries, lower extremity injuries, back injuries. With the opportunity to self-pace and take breaks when needed.

## October 2007 - Tracie Sparks, Occupational Therapist