

Company Name: City of Richmond – Fleet Department **Job Title:** Cleaning, Inventory, Filing, Organizing (Light Duty)

General Work Environment:

- Indoor Fleet shop
- Required to wear steel toed boots, safety vest/overalls

1. Manuals

Work Hours/Breaks: 7:30am-4:00pm, (2) X 10 minute rest breaks, (1) X 30 minute lunch break

Tools used may include: duster, broom, handling paper work/manuals, clipboard, pen, computer workstation





2. Computer Workstation

Job Task Categories:

- 1) Organize, clean (dust, wipe down) and take inventory of parts (located on shelves)
- 2) Update WHMIS and MSDS systems
- 3) File and organize/update service manuals

Functional Requirements:			
GENERAL FUNCTIONS:	AMOUNT:	% OF WORKDAY	DESCRIPTION/COMMENTS
Walking	Variable distances	1-33%	 Walking within the parts warehouse (concrete flooring) – can be self- paced
Standing	Sustained	1-33%	 Static standing when cleaning and organizing parts on shelving units – can be self-paced
Climbing		1-33%	 Climbing stairs to access top level of warehouse (~20 stairs) - rare
Sitting/Driving	As needed	1-33%	 When updating files, manuals, WHIMS and MSDS – can be self-paced
Kneeling / Crouching / Stooping	Variable	1-33%	• May vary depending on work style, as needed when accessing workspaces
Neck positioning	Flexion, rotation	33-66%	 When viewing work spaces
Reaching	In front, to the side	33-66%	 May vary depending on work style and may be repetitive or sustained when reaching for shelving units Overhead reaching can be decreased with the use of a step ladder to access overhead shelving (shelves up to 88" high)
MATERIALS HANDLING:	AMOUNT:	% OF WORKDAY	DESCRIPTION/COMMENTS
Handling / Grasping	Various Grasps	33-66%	 1-2 handed grasp of boxes and individual parts 1-2 handed grasp of pen, keyboard/, mousing, broom
Lifting/Carrying	Light, Floor to Head level	1-66%	 Items handled may include: boxes of parts, individual parts. For light duty: up to 10 lbs
Pushing / pulling	Light resistance	1-33%	 Option of using a dolly to transport boxes of parts vs. carrying items. For light duty: up to 10 lbs of resistance.

*Consider for upper and lower extremity injuries, back injuries. With the opportunity to self-pace, rotate between sitting and standing if needed, and take rest breaks when needed.

October 2007 - Tracie Sparks, Occupational Therapist