

PREVENTION IS KEY

Prevent the spread of Coronavirus (COVID-19)



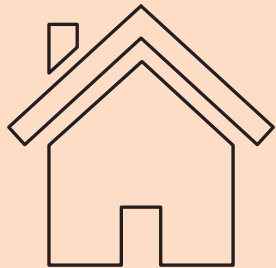
WASH YOUR HANDS OFTEN

with soap and water for at least 30 seconds or use an alcohol-based hand sanitizer.



AVOID TOUCHING

your eyes, nose and mouth with unwashed hands. Avoid close contact with people when you are sick.



STAY HOME IF YOU ARE SICK



COVER YOUR MOUTH AND NOSE

with a tissue or your sleeve (not your hands) when coughing or sneezing.

For accurate, up-to-date information and updates on COVID-19, please visit:

Vancouver Coastal Health: www.vch.ca

BC Centre for Disease Control: www.bccdc.ca

