

WHAT IS COMMUNICABLE DISEASE?

- WorkSafeBC advises that communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted by contact with infected individuals or their bodily discharges or fluids, by contact with contaminated surfaces or objects. Examples of communicable diseases that may circulate in a workplace include COVID-19 and seasonal influenza.

HAZARDS TRANSMISSION

- Communicable diseases are those typically caused by viruses and normally spread through direct or indirect human contact and when the risk of communicable disease in the region or workplace is elevated, as advised and directed by public health.

Communicable Diseases are most commonly spread from an infected person through:

- Respiratory droplets when you cough or sneeze.
- Close personal contact, such as touching or shaking hands.
- Touching something with a virus on it, then touching your eyes, nose or mouth before washing your hands.

NOTE: Communicable diseases may also be spread by contact with blood or other bodily fluids which may transfer disease through cuts or other openings in the skin, transfer to the eyes, nose or mouth. Please see the City of Surrey Bloodborne Pathogens Exposure Control Plan when there is a bloodborne pathogen exposure. (The most common infectious pathogens of concern in an occupational setting found in blood and body fluids are Human Immunodeficiency Virus (HIV), Hepatitis B (HBV) and Hepatitis C (HCV).

GENERAL GUIDELINES

- Daily Health Check - **Stay home when you are sick or have flu like symptoms**
- If you have SYMPTOMS (FEVER, NEW COUGH, DIFFICULTY BREATHING,), ISOLATE yourself from others as quickly as possible and seek medical guidance (i.e. 8-1-1, physician...)
- Wash your hands often with soap and water for at least 20 seconds. If soap and water is not available, use an alcohol-based hand sanitizer
- Maintain Social Distancing whenever possible- Use a standard greeting with each other that is positive but reminds others to keep a safe distance for example: Greet people with a wave if possible, instead of a handshake (ensuring that you are safe distance away)- recommended until BC Phase 4 restart plan.
- Avoid touching your eyes, nose, and mouth as much as possible. If required, use washed hands
- Cover your cough or sneeze with a disposable tissue, then throw the tissue in the trash or use the crease of your elbow when you sneeze
- Employees are encouraged to participate in public health vaccination programs and the City’s annual Flu vaccination clinics
- Wearing a mask is optional for fully vaccinated staff and it is recommended for staff who have not been fully vaccinated when indoors or when in close contact of others.
- Read and review the City’s Communicable Disease Plan and ask Supervisor for any clarification that is needed. Questions can be emailed to safety@surrey.ca
- Follow workplace communicable disease prevention protocols and Public Health guidelines

PLEASE DOCUMENT THE EDUCATIONAL TRAINING

(Manager/Supervisor) Please Print Name	Signature	Date
(Employee) Please Print Name	Signature	Date

Once the training has been completed, please send a copy of this signed document to Safety@surrey.ca